



## Hitting milestone with gusto

Community celebrates tortoises 90th birthday PAGE 4

# CHALLENGE ACCEPTED

CANADA-RUSSIA SERIES STOPS  
IN HALIFAX TIED 1-1 PAGE 15



HALIFAX

# metro

®

Monday, August 13, 2012



News worth sharing.

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## BRITISH TRIUMPH

The Union Jack is waved from the top of "Big Ben" during the closing ceremony of the London 2012 Olympic Games on Sunday. For more on the final days of the Games, see pages 4, 16 and 17. PASCAL LE SEGRETAIR/GETTY IMAGES

# Argyle assault now upgraded to homicide

**Booze related?** Police chief repeating his pleas for an earlier last call after second death on street in nine months



ALEX BOUTILIER  
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Another early-morning assault on Argyle Street has resulted in the death of a 26-year-old Halifax man.

Kaylin Todd Diggs was taken to hospital after police found him laying on the busy downtown street just before 4 a.m. on Saturday. He was taken to a Halifax hospital where he succumbed to his injuries.

According to Halifax Regional Police spokesman Const. Brian Palmeter, police were on scene minutes after receiving a report of an altercation.

"He had been observed a few minutes beforehand walking with a few people from the area of Grand Parade heading south," Palmeter said Sunday. "A few minutes later there was a call of a disturbance, (and) we had multiple officers on scene within minutes. He was located in the middle of Argyle Street just before Sackville Street."

It's not currently known if Diggs knew his attacker or attackers, and no motive has been determined, Palmeter said.

It is the second such death on Argyle Street in nine months. James Philip Matatall, 23, was killed in a fight outside the Toothy Moose, a cabaret on Argyle Street, last December. A 30-year-old Duncan's Cove man, James William Whitehead, turned himself in to police and faces manslaughter charges.

Matatall's death renewed HRP Chief Frank Beazeley's

### Getting in touch

The HRP-RCMP integrated crime unit is asking anyone with information on this assault to contact police at 490-5020 or through Crime Stoppers at 1-800-222-8477 (TIPS).

call to shorten operating hours for the city's bars.

"The chief has gone on record as saying this before, (that) we have a culture of excessive drinking here," said Palmeter. "Unfortunately, anybody who has gone downtown has probably witnessed people who've had too much to drink get in these physical confrontations ... people need to realize that they are serious incidents."

Palmeter said there is currently no evidence that Diggs was at a downtown establishment before the incident, or that he was intoxicated.



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## New bylaw. HRM staff seek better guidance for BIDs

Halifax municipal staff are recommending regional council adopt a new bylaw to govern HRM's eight business improvement associations.

The proposed bylaw would govern both the creation of new business improvement districts (BIDs) — which are funded through area tax rates by commercial property owners and businesses — as well as boundary changes or the amalgamation of current BIDs.

A staff report coming before regional council on Tuesday notes that most Canadian provinces — Prince Edward Island, New Brunswick, Ontario, Manitoba, Saskatchewan, Alberta and British Columbia — have legislative clarity on the roles and responsibilities for their respective BIDs.

"Other jurisdictions have detailed municipal and/or provincial legislation that guides BID-municipality interactions," the report reads.

"HRM currently lacks either detailed provincial legislation or its own municipal legislation."

The bylaw would also set rules concerning who must be consulted about the formation of a new BID, as well as establish limits for the amount of liability coverage the BIDs require.

Halifax regional council would still have final say about the formation of a new BID, while the municipality's community councils would determine whether an application for a BID moves forward to council.

ALEX BOUTILIER/METRO



## Day of the walking dead

A crowd of people dressed as zombies exit Grand Parade as they shuffle around downtown on the annual Zombie Walk on Sunday. JEFF HARPER/METRO

# Council set to break ice on arenas' future

**Strategy.** Report says aging rinks should be consolidated into multi-pad arenas

### Statistic

# 60%

About 60 per cent of HRM's 15 arenas are now more than 30 years old.



ALEX BOUTILIER  
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The advisory committee behind HRM's new long-term arena strategy are recommending a \$85-million, five-year plan to consolidate aging rinks into multi-pad arenas.

The committee's report, which will come before Halifax

regional council on Tuesday, recommends consolidating six arenas into two larger arenas.

The plan sets out two phases of consolidation, the first beginning with the Halifax arena in 2012 and running to 2015 at a cost of \$45 million. The second phase involves the construction of the Dartmouth consolidated rink, running from 2015

to 2017 at a cost of \$40 million plus costs associated with purchasing land — either at Shannon Park, currently owned by the federal government, or at Dartmouth Crossing.

Purchasing land at Shannon Park is estimated to cost about \$5 million, while purchasing land at Dartmouth Crossing is expected to cost between \$10 million and \$15 million. Dalhousie and St. Mary's University are listed as potential partners in the Halifax consolidation, while no partners have been identified for Dartmouth. "The consolidation of (six) existing aging facilities into (two) new multi-pad facilities ... is an-

ticipated to reduce operating, maintenance and recapitalization costs in excess of \$2 (million) per year," the report reads.

Outgoing Mayor Peter Kelly said he thinks the proposal makes sense. "It's a way for us to economize on scale of operations," she said. "By going forward and putting two four-pad (arenas) ... it will complement the other four that we have, and for the long-term, clearly the cost would be reduced."

The report also recommends developing a centralized scheduling process for arenas and a community-access plan to make ice-time distribution more equitable.

### Mobile news



After 16 days of intense competition, it all came to an end yesterday.

Scan the code to see highlights from the Olympic closing ceremony.

## VETERINARY HOSPITAL ASSISTANT

### INFORMATION SESSION - AUGUST 15, 2012

Our Veterinary Hospital Assistant program will equip you with the knowledge and skills essential to succeed in primary animal care and prepare you to become an integral member of any animal care environment.

On August 15, Centre for Arts and Technology is hosting an information session for our new Veterinary Hospital Assistant program.

- Tour our campus
- Meet with instructors
- Kick-start your career as a Veterinary Hospital Assistant

**Date:** Wednesday, August 15, 2012  
**Time:** 2:00pm – 4:00pm  
**Location:** On Campus, 1577 Barrington Street, Halifax



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For more information on the Veterinary Hospital Assistant program, visit [vha.digitalartschool.com](http://vha.digitalartschool.com) or book an appointment with a Program Advisor by phoning (902) 429.1847.  
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**Dangerous driving****Man charged after high-speed chase in Dartmouth**

A 20-year-old man was arrested on Saturday after a police chase in Dartmouth.

At 7:15 p.m., a police officer was at the intersection of Commodore Drive and John Savage Drive when he noticed two vehicles racing. Once the vehicles noticed the police car, their drivers sped up

into Dartmouth Crossing and police lost sight of them, officers said.

When police attempted to pull over a Honda Civic on Gale Terrace, the vehicle sped off again, eventually stopping in a dead end behind a business.

The driver of the Honda got out and surrendered to police.

He will appear in Dartmouth provincial court to face charges of flight from police, dangerous driving and stunting.

JENNIFER TAPLIN/METRO

**Dartmouth****Three sought in assault of Halifax cabbie: Police**

Police are investigating after a taxi driver was assaulted early Sunday morning.

Halifax police say the cabbie was driving two women and a man in Dartmouth at about 3 a.m. when they asked the driver to stop at a fast-food restaurant.

The driver told them he didn't want to stop at the restaurant and asked the three to leave the car, police say. They allege the male passenger started to kick the cab, and then the driver, continuing to kick him after the driver fell to the ground. All three passengers then ran away.

The man is described as white and wearing shorts, the women as white and in their 30s.

The driver suffered minor injuries.

THE CANADIAN PRESS

**Domestic-violence case****Mountie facing assault charge released**

A Nova Scotia Mountie charged in a domestic-violence case was released from custody.

The Bridgewater-based officer is facing charges of assault, sexual assault and uttering threats for incidents that allegedly occurred between Dec. 1, 2010, and Tuesday.

He was granted release on Friday with a number of conditions including that he live in Ontario except for court appearances in Nova Scotia. Other conditions include having no contact with the woman involved in the alleged incidents and a ban on using prohibited weapons.

He returns to court on Oct. 10 to enter a plea.

THE CANADIAN PRESS

# Happy 90th birthday, Gus!

**A 'shellebration'**

Halifax tortoise celebrates birthday with cake, lemonade and lots of kids

Gus the tortoise celebrated his 90th birthday on Sunday with almost 1,000 well-wishers at the Museum of Natural History in Halifax.

Museum staff believe Gus, who is barely bigger than a kitten, is the oldest gopher tortoise in the world.

They estimate he hatched sometime between 1920 and 1925.

His guests were treated to birthday cake and lemonade, but Gus himself dined on organic blueberries and strawberries.

The fruit was a "special treat" for the tortoise. Jeff Gray, curator of marketing and communications at the Museum of Natural History, said Gus usually sticks to

a balanced diet of lettuce, berries and bananas.

Gus spent a large part of his birthday in his habitat at the museum, but he came out for a round of birthday wishes.

Children sang Happy Birthday and drew hearts and well wishes on his birthday card.

But the real celebration came when Gus went for an afternoon walk.

It was a chance for Gus to interact with his guests, something Gray said the tortoise loves to do.

"He really does love people. He's a little slow in the morning getting up but once he gets going by mid-afternoon he seems to really interact well with visitors," Gray said.

Gus didn't seem too motivated to walk around, preferring instead to sit and watch his birthday festivities.

But he was treated to lots of inquisitive pats from his younger guests.

THE CANADIAN PRESS



Many happy returns: A crowd surrounds Gus the gopher tortoise as he takes a walk on the lawn of the Museum of Natural History during his 90th birthday celebrations. JEFF HARPER/METRO

## 'I gave everything': Halifax kayaker Mark de Jonge



Mark de Jonge celebrates his bronze-medal finish on Saturday in the men's 200-metre kayak single at the Summer Olympics in Dorney, England.

SEAN KILPATRICK/THE CANADIAN PRESS

Four years after deciding to stick with kayaking instead of continuing his engineering career, Mark de Jonge was rewarded with a bronze medal at the London Olympics.

The Halifax native finished third behind Britain's Ed McKeever and Spain's Saul Craviotto in Saturday's K-1 200-metre final.

"I gave everything," he said. "I ended up kind of dying a little at the end but that's to be expected when you go all out."

The bronze medal ended a long journey for de Jonge, 28. An injury-plagued 2008 saw him miss the Beijing Games and nearly leave the sport entirely. But after the 200 sprint was introduced for London, he decided to take another run at

the podium.

It paid off. His time of 36.657 seconds trailed only McKeever, a former world champion known as "the Usain Bolt of the water," who won in 36.246, and Craviotto in 36.540.

De Jonge also overcame a scare in April when he broke a finger while working out, an injury that put his Olympic participation in doubt.

The injury was a non-factor in the final, but de Jonge, who owns an unofficial world-best time of 33.804, couldn't keep up with McKeever.

"I think the second half suffered a little," said de Jonge. "I had a lot of fatigue in the second half but I just hung on and hoped for the best, shot my boat across the line and

just waited for the results."

The last Nova Scotian to medal in paddling was Lake Echo's Steve Giles, who took bronze in the C-1 1,000 at the 2000 Olympics in Sydney. Shubenacadie's Tracy Cameron is the only Bluenoser to hit the podium in any sport since Giles, taking bronze in 2008 in women's double-sculls rowing.

"Mark de Jonge showed the world what he, and what Canadian athletes, are made of," said Mark Tewksbury, Canada's chef de mission. "He demonstrated so much power and determination and speed to capture a bronze medal and Canadians can all be proud of his result today."

THE CANADIAN PRESS/  
WITH FILES FROM METRO

**Also on the weekend**

- Windsor's Ryan Cochrane teamed with Hugues Fournel of Lachine, Que., in the men's K-2 200 on Saturday and placed seventh in 35.396 seconds.
- Dartmouth's Jason McCoombs posted a fourth-place finish in the B final on Saturday with a time of 44.973 seconds.
- Antigonish's Eric Gillis was 22nd in the marathon on Sunday, running the 42.2-kilometre course in two hours, 16 minutes.



**Matehuala**

## Gunmen kill Mexican mayor-elect

Police say gunmen have shot down Matehuala mayor-elect Edgar Morales Perez and a campaign adviser in Mexico while they were returning from a party early Sunday. **THE ASSOCIATED PRESS**

**Egypt**

## Morsi shakes up military brass

Egypt's Islamist president Mohammed Morsi ordered the retirement of the defence minister and chief of staff Sunday and cancelled the military-declared constitutional amendments that granted top generals wide powers. **THE ASSOCIATED PRESS**



**Sami Anan, Egyptian armed forces chief of staff** **THE ASSOCIATED PRESS**

**Persian Gulf**

## Navy ship collides with oil tanker

A U.S. navy guided missile destroyer was left with a gaping hole on one side after it collided with an oil tanker early Sunday just outside the strategic Strait of Hormuz. No one was injured on either vessel. **THE ASSOCIATED PRESS**

**Poland**

## Man questioned in Auschwitz theft

A 66-year-old Italian man has been released without being charged after he was questioned over the alleged theft of a piece of barbed wire from Auschwitz museum, Polish police said Sunday. **THE ASSOCIATED PRESS**

**Caribbean**

## Rains flood Dominica airport

Rains from a passing tropical wave have flooded an airport and knocked out power to roughly 3,000 people on the eastern Caribbean island of Dominica Sunday. **THE ASSOCIATED PRESS**

# Residents describe terror and panic as quakes hit Iran



**A victim of Saturday's earthquake makes her way on the ruins of buildings in a village near the city of Varzaqan, in northwestern Iran on Sunday.**

MAHSA JAMALI/MEHR NEWS AGENCY/THE ASSOCIATED PRESS

**Heavy toll.** Searches for survivors called off with more than 250 dead, 16,000 left homeless

Residents of the zone in northwestern Iran hit by powerful twin earthquakes described moments of terror and panic with birds crowing loudly in warning seconds before the ground shook.

As the death toll rose Sunday to more than 250 with entire villages levelled, rescuers called off searches for survivors and turned their attention to caring for the 16,000 people left homeless.

At least 20 villages were totally destroyed in the quakes on Saturday that were followed by some 36 aftershocks, state television reported. Ahmad Reza Shajiei, a senior government official in charge of rescue operations, said more than 5,000 tents have been set up to shelter the thousands of displaced who spent the night outdoors.

"The walls were shaking and moving from side to side. It took about a minute before I could run out of the house," said resident Morteza Javid, 47, from Ahar. "Seconds before the earthquake, crows were mak-

ing a lot of noise, but I didn't understand why. It was only after the quake that I learned the crows were warning us."

State television said at least 250 died. The semiofficial Mehr news agency quoted a local official who put the toll at 277. State TV said 44,000 food packages and thousands of blankets have been distributed in the stricken area.

The U.S. Geological Survey (USGS) reported that Saturday's first quake was magnitude 6.4 and struck 60 kilometres northeast of the city of Tabriz at a depth of 9.9 kilometres. State TV quoted local Crisis Committee chief Khalil Saei as saying the epicentre was a region between the towns of Ahar and Haris, about 600 kilometres northwest of Tehran.

The second quake was a magnitude 6.3 and struck 11 minutes later, the USGS reported. Its epicentre was 50 kilometres northeast of Tabriz at a depth of 9.8 kilometres.

**THE ASSOCIATED PRESS**

**Quoted**

**"The moment the earthquake hit, it was like a snake biting from underground."**

Morteza Javid, from the town of Ahar

# U.S. health experts target guns as social disease

Is a gun like a virus, a car, tobacco and alcohol? Yes, say public-health experts, who in the wake of recent mass shootings in the U.S. are calling for a fresh look at gun violence as a social disease.

What is needed, they say, is a public-health approach to the problem, like the highway safety measures, product changes and driving laws that slashed deaths from car crashes decades ago, even as the number of vehicles on the road rose.

The need for a new approach crystallized last Sunday for one of the nation's leading

**Epidemic?**

**About 260 million to 300 million firearms are owned by civilians in the United States; about one-third of American homes have one.**

- Guns are used in two-thirds of homicides, according to the FBI.

gun-violence experts, Dr. Stephen Hargarten.

He found himself treating victims of the Sikh temple

shootings at the emergency department he heads in Milwaukee, Wis.

Seven people were killed, including the gunman, and three were seriously injured.

It happened two weeks after the shooting that killed 12 people and injured 58 at a movie theatre in Colorado, and two days before a man pleaded guilty to killing six people and wounding 13, including then-U.S. Rep. Gabrielle Giffords, in Tucson, Ariz., last year.

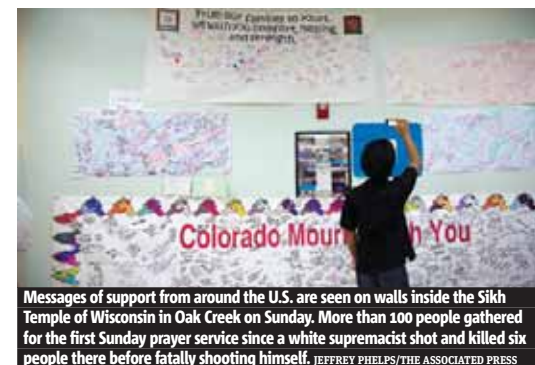
"What I'm struggling with is, is this the new social norm? This is what we're going to have

to live with if we have more personal access to firearms," said Hargarten, emergency medicine chief at Froedtert Hospital and director of the Injury Research Center at the Medical College of Wisconsin.

"We have a public-health issue to discuss. Do we wait for the next outbreak or is there something we can do to prevent it?"

More than 73,000 emergency room visits in 2010 were for firearm-related injuries, the federal Centers for Disease Control and Prevention estimates.

**THE ASSOCIATED PRESS**



**Messages of support from around the U.S. are seen on walls inside the Sikh Temple of Wisconsin in Oak Creek on Sunday. More than 100 people gathered for the first Sunday prayer service since a white supremacist shot and killed six people there before fatally shooting himself.** **JEFFREY PHELPS/THE ASSOCIATED PRESS**

## Drunkorexics. Those who go without meals to drink more prone to risk-taking

So-called "drunkorexics" are more likely to engage in unprotected sex and excessive drinking than their peers, says a Simon Fraser University researcher.

Grad student Daniella Siekaran asked 227 York University students about their eating and drinking habits and found that 40 per cent of those who drink alcohol also diet.

The phenomenon, called "drunkorexia," sees mostly women in their early 20s skipping meals so they can drink heavily without gaining weight.

It has been popular among some young people since

### Risk behaviour

The researcher couldn't say why drunkorexics are more prone to risky behaviour but she noted people with bulimia can be risk-takers.

- Emotional eating was linked to a decrease in risky behaviour.

the late 90s — the term was coined in 2010. Drunkorexics were more likely to have unprotected sex or alcohol poisoning, it found.

ELIZABETH HAMES/  
FOR METRO IN VANCOUVER

### Priddis, Alberta

## Former Mountie killed on dog call

RCMP have charged a man with first-degree murder in connection with the death of a retired Mountie who was working as a peace officer in a small community south of Calgary.

Police say Trevor Kloschinsky, 46, makes his first court appearance Monday.

Rod Lazenby died Friday after he responded to what police describe as a dog-related call at Kloschinsky's home in Priddis, Alta.

Police have released few details except to say no shots were fired.

THE CANADIAN PRESS

# Movie shoot on Layton a labour of love for Chow

## CBC TV movie.

Olivia Chow has been meeting with the cast working on a movie about the late NDP chief Jack Layton



SHANE GIBSON  
Metro in Winnipeg

She knew Jack Layton better than anyone else in the world, and this past weekend Olivia Chow was in Winnipeg to visit those involved in a movie being filmed about Layton's life.

"Some parts of it are painful and some parts are joyous," said Chow on set at the Manitoba Legislative Building Sunday, which is doubling as the House of Commons for Smilin' Jack: The Jack Layton Story.

"It's the story of an ordinary person being able to ... make a bit of difference in the everyday life of people."

"I think it's a story that

needs to be told," said Chow.

The Toronto MP has spent time in Winnipeg watching the filming process and meeting the cast, including Sook-Yin Lee, who is portraying her, and Rick Roberts, who's taking on the role of her late husband.

Chow said she worked closely with the writer, producers and director of the movie set to air on CBC next year.

She even met with Lee and Roberts to help coach them on their roles. Chow also lent personal items of Layton's, including the cane he carried throughout last year's federal election campaign.

"So it could be as authentic as possible," she explained, adding with a chuckle that Roberts's moustache is his own.

Some scenes will be easier to watch than others, said Chow, admitting a hospital scene at the end of Layton's life, set to be shot Monday, will be emotional.

"I dread tomorrow," she said. "I don't know how I will



Sook-Yin Lee, left, meets Olivia Chow during filming. SHANE GIBSON/METRO

handle that. It will be probably be pretty traumatic."

Despite the ups and downs of the process, Chow said she's very glad Layton's story is being immortalized in the made-for-TV movie.

"It was difficult but I welcomed it," she said about the project.

"I want Jack's spirit of hope and optimism to continue."

Layton died of cancer al-

most one year ago — Aug. 22, 2011 — shortly after leading the NDP to its most successful federal election result in history.

### Quoted

"I think it's a story that needs to be told."

Olivia Chow on Smilin' Jack: The Jack Layton Story, a TV movie based on the life of her late husband



## Are you on the Voters List?

The Halifax Regional Municipality will be conducting REVISIONS TO THE VOTERS LIST from July 30, 2012 to August 24, 2012.

The purpose of the revisions period is to update the List of Electors by adding, changing or removing voter information to ensure this list is accurate. Voter notification letters will be sent out to individuals on the Voters List starting September 24, 2012. Watch for your letter in the mail.

### Your name may not appear on the Voters List if you have recently:

- moved to HRM
- turned 18 years of age or will turn 18 on or before October 20, 2012

### Your information may need correction if you have recently:

- changed addresses within HRM
- changed your name

### Other reasons to contact the Elections Office include:

- a member in your household recently left HRM
- a member in your household is recently deceased

### How do I confirm my name on the Voters List?

Visit: [halifax.ca/election](http://halifax.ca/election)

Call: (902) 490-VOTE (8683)

TDD: (902) 490-6645

Toll free: 1-888-820-VOTE (8683)

TDD Toll free: 1-866-236-0020

HRM Election Office hours during revisions are 8:30 a.m. - 4:30 p.m., Monday to Friday.

You can be added to the Voters List if you are: 18 years of age or older on October 20, 2012, a Canadian citizen, and a resident of HRM for at least three months prior to the election.

### Can I still vote if I am not on the Voters List?

YES, ABSOLUTELY!

During the ADVANCED ELECTRONIC POLL, Saturday, October 6, 2012 to Thursday, October 18, 2012, bring your ID which also has your address to any of the advertised registration locations\* throughout HRM, where you will be sworn in and receive your voting credentials.

OR

On ELECTION DAY, Saturday, October 20, 2012, bring your ID which also has your address to YOUR LOCAL POLL (VOTING) locations where you can be sworn in and cast your ballot.

WARNING: Do NOT provide your **private voter information** (address, date of birth, etc.) to anyone but an Election Officer at an OFFICIAL registration or poll location or through the HRM Election Office.

\*E-voting registration poll locations will be posted on HRM's website.

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[halifax.ca/election](http://halifax.ca/election)



# Banks can learn from Olympics: BoE head

## Sporting spirit.

Mervyn King suggests Britain's financial sector would do well to borrow from London 2012's playbook

Britain's scandal-tainted bankers could learn a thing or two from the country's athletes after these Olympics, the country's central banker says.

In a newspaper editorial Sunday, Mervyn King wrote that the London Olympics showed it was wrong to argue that massive bonuses were needed to motivate people to do well.

King said the success of Olympians and the pride of the 10,000 volunteers at the Games showed that "motivation does not come from financial incentives alone."

"The financial sector has done us all a disservice in promoting the belief that massive financial compensation is necessary to motivate individuals," he wrote in the Mail on Sunday.



Olympic volunteers like Samuel Head, seen here helping with crowd control on Friday in London, serve as a good example for England's banks, said Bank of England governor Mervyn King. JEFF J. MITCHELL/GETTY IMAGES

## Quoted



**"Banks could learn a thing or two about fair play from the Olympic movement."**

Mervyn King, Bank of England governor

"Look at the success of the volunteers whose presence at

the Olympic Park and around London did so much to create the atmosphere of happiness that pervaded the games."

The recent scandals that have rocked Britain's financial world showed that "banks could learn a thing or two about fair play from the Olympic movement," he said.

King's comments come as the reputation of Britain's banking industry — which took a body blow during the global financial crisis — has hit new a low.

THE ASSOCIATED PRESS

# Online piracy. Google cracks down on repeat copyright offenders

Google is altering its search results to de-emphasize the websites of repeat copyright offenders and make it easier to find legitimate providers of music, movies and other content.

The move is a peace offering to Hollywood and the music recording labels. This year, Google joined other Silicon Valley heavyweights to help kill legislation that would have given government and content creators more power to shut down foreign websites that promote piracy.

The Motion Picture Association of America issued a lukewarm response, saying it was "optimistic" the change would help steer consumers away from piracy.

"We will be watching this development closely — the



Google is altering its search results to de-emphasize websites that have violated copyright. GETTY IMAGES

devil is always in the details," MPAA senior executive president Michael O'Leary said in a statement.

This week, Google will start using "valid copyright removal notices" to rank its search results, according to a Friday blog post by Google's senior vice-president of engineering, Amit Singhal.

THE ASSOCIATED PRESS



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Iran 4.9¢/min	Israel 1.9¢/min	Italy 1.9¢/min	Sri Lanka 9.9¢/min	Lebanon 7.9¢/min	Mexico 1.9¢/min	Pakistan 3.9¢/min	Philippines 10.9¢/min	Kazakhstan 4.9¢/min
Poland 1.9¢/min	Romania 1.9¢/min	Russia 1.9¢/min	South Korea 1.9¢/min	U.A.E. 14.9¢/min	Ukraine 8.9¢/min	U.K. 1.9¢/min	Vietnam 3.9¢/min	United States 1.9¢/min

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# COURTING DISASTER BY TAKING TOO LONG TO MAKE A CASE



**URBAN  
COMPASS**  
Stephen Kimber  
halifax@metronews.ca

Let's review. On Feb. 3, 2010, auditor general Jacques Lapointe reported some Nova Scotia MLAs played fast and loose with their expense accounts.

One year after that — on Feb. 14, 2011 — RCMP charged three former MLAs and another who was sitting with the criminal equivalent of fast and loose.

Today — 17 months after those charges, 30 months after that report — only two of those cases have completely navigated the legal system, and only because the MLAs pleaded guilty.

Two didn't. Former NDP-now-Independent MLA Trevor Zinck is due back in court in September just to set dates for his trial. Former Liberal MLA Russell MacKinnon's trial isn't scheduled to begin until March 2013 — 37 months after the A-G's report.

## Justice delayed

By the time those trials — and appeals — play out, I'll be more than pensionable. The Toronto Maple Leafs may have won the Stanley Cup.

By the time those trials — and appeals — play out, I'll be more than pensionable. The Toronto Maple Leafs may have won the Stanley Cup.

Rights and Freedoms includes the right to be tried within a reasonable time period.

What's reasonable?

Last month, an accused in the 2011 Stanley Cup riots appeared in Vancouver court to have her trial date set: fall 2013.

While the court deemed that reasonable, British Columbia judges threw out 109 other charges last year because cases had taken too long to reach them. In Ontario in April, a man accused of using a stolen identity to sneak into Canada two and a half years ago had charges against him stayed because of delays.

What's the solution? Hire more judges? Improve disclosure? Impose new rules to speed up trials?

I don't know, but I do know that if we care about justice-delayed-is-justice-denied, we need to start talking about this issue — and not just about building more jails to house more people for longer periods.

Consider: Seventeen years after a group of Port Hawkesbury men went to the RCMP to complain they'd been sexually abused as children by Fenwick MacIntosh, they're still waiting for justice. This fall, the Supreme Court of Canada will decide whether to uphold this year's Nova Scotia Appeal Court decision to acquit MacIntosh — not because they believed he didn't commit the crimes but because the case had taken so long, it "prejudiced his right to a fair trial."



Independent MLA Trevor Zinck sits in the legislature in Halifax in April 2010 after being suspended from the governing NDP caucus over the expenses scandal. Zinck's case has yet to go to trial. ANDREW VAUGHAN/THE CANADIAN PRESS

# What a little Barry White can do



GARETH FULLER, PA/THE ASSOCIATED PRESS

## Flamingo babe

### Sexy crooner aids breeding birds

A two-week-old unsexed Chilean flamingo is encouraged from its nest by its mother Gabriella, centre, as its father Maurice stands guard at Drusillas Park in Alfriston, southeast England, on Friday.

Earlier in the year, Barry White songs were played to the birds to encourage breeding.

THE ASSOCIATED PRESS

## The mating game

- Chilean flamingos live in large flocks in the wild and require crowded conditions to stimulate breeding.
- During breeding season, males and females display a variety of behaviours to attract mates, including head flagging — swivelling their heads from side-to-side in tandem — and wing salutes, where the wings are repeatedly opened and closed.
- Males and females co-operate in building a pillar-shaped

mud nest, and both incubate the egg laid by the female.



- Upon birth, the chicks have gray plumage; they don't gain adult coloration for two to three years.

Both male and female flamingos can produce a nutritious milk-like substance in their crop gland to feed their young.

Source: Lincoln Park Zoo

## With a leg to stand on

### 1

The Chilean flamingo often stands on one leg, tucking the other beneath its body to preserve body heat.

With tall, thin legs and a long, flexible neck, the Chilean flamingo can reach up to 40 inches in height.

What appears to be the bird's knee is actually its ankle — the joint bends backward rather than forward.

# In sweetest deal, reno contest puts Lower Sackville family in fully accessible home

## News Worth Sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

Walk through any Canadian suburb in summertime and you'll see the usual array of home renovations, addi-

tions and landscaping jobs.

Ramar Construction recently completed one such job on a home in one of those 'burbs, but this renovation will have deeper meaning than most.

Ramar's Home Sweeter Home contest awarded a Lower Sackville family with \$180,000 toward a reno.

With the support of more than 100 volunteers, the Himmelman family re-

ceived a main-floor laundry room, a bedroom with an en suite bathroom, a deck, a playhouse and — most importantly — a fully accessible home.

Due to a rare disorder called Ehlers Danlos Syndrome, a young member of the family will likely soon be confined to a wheelchair.

When the family submitted their contest application outlining how an accessible

home would change their lives, they never imagined they would win.

Now, they're humbled and thankful for this once-in-a-lifetime gift.

CRAIG AND MARC KIELBURGER

Email us for more information and to get involved. Help the good news get around. Send your stories of local heroes and positive action to [goodnews@metowe.com](mailto:goodnews@metowe.com) and we'll share them right here.



# WagJag.com

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# 2

## SCENE

# All stunts, no doubles as these stars earn their stripes

### Boot camp reality.

Celebrity recruits are put to the test in new TV series that has them competing in army-style events against seasoned pros

Starting this week, you can watch actors and actresses leap from buildings and battle armies of invaders, emerging victorious and unscathed. Viewers may chalk it all up to stunt men and women and digital special effects. Today's pampered celebrities wouldn't survive five minutes in a real combat zone, right?

Take that back, soldier. Eight celebrities set out to prove that they really do have what it takes to be real-life responders in the boot camp reality series *Stars Earn Stripes* (premiering Monday at 8 p.m. ET on NBC, 9 p.m. on Global).

The celebrity recruits were on hand to meet the press at the recent TV critics tour in Los Angeles, including boxer Laila Ali; former TV Superman Dean Cain; actor and former NFLer Terry Crews (now on *The Newsroom*); *The Sing Off* host Nick Lachey; Alaskan outdoorsman and political spouse Todd Palin; *Biggest Loser* trainer Dolvett Quince; former Winter Olympian Picabo Street; and WWE diva Eve Torres.

Posters for the series, showing the gun-toting celebs running next to the slogan, 'They're



These celebrity recruits have set out to prove they have what it takes to be real-life responders. HANDOUT

Not in Hollywood Anymore, give it a Tropic Thunder vibe.

Jack Osbourne was apparently hoping to earn his "Stripes" until news emerged that he was diagnosed with multiple sclerosis. Executive producer David Hurwitz admits Osbourne was in talks to join the series but "prior to us

making our decision, it was found out that the rigours of the show were too intense for him." Mom Sharon disagrees and has announced that she is leaving NBC's *Got Talent* as a result.

A few of the celebrities who made the cut almost wished they hadn't. The series was

shot over a few weeks at the beginning of this summer. The eight celebs had to compete in actual army-style events against eight real life Special Operatives, including former Navy SEALs, army special forces Green Berets, SWAT commanders and a current member of the Orange County sheriff's de-

### What about Sarah?

Todd Palin, Sarah Palin's husband, is used to hanging out in the shadows when it comes to the spotlight. But for *Stars Earn Stripes*, Sarah says she's happy to hand over centre stage to Todd. Todd is a "world champion snow machine racer, he's got all the physicality that's required, a lot of mental toughness too," said the former Alaska governor. "I'd have to do a whole lot of push ups," she said, adding "politics are pretty brutal, too."

partment. "I thought this was going to be the same old corny military show where they've got the obstacle courses and BB guns," says former Navy SEAL Grady Powell.

"That was the farthest thing from *Stars Earn Stripes*. We're jumping out of helicopters. There are people crying. Might see me cry."

"There was a moment," adds Lachey, "when going through my mind is, 'What in the world have I gotten myself into here?'"

"I can say I almost drowned, and that is for real," says Crews. He felt one of the Ops grab him from the back of his pack and haul him out of a river as he was going down for the third time.

"If this had been a real, live operation, I would have died. That is the truth."

THE CANADIAN PRESS

On the web



American Idol winner Phillip Phillips received Olympic exposure with debut single Home

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Angelina Jolie and Brad Pitt. ALL PHOTOS GETTY IMAGES

## Pitt and Jolie spark much ado about nothing

Rumors raged this week-end that a party Brad Pitt and Angelina Jolie were throwing for Pitt's parents' anniversary at their French estate was actually a cover for the famous couple's wedding, with the Sun even confirming a guest list of about 20 people — including Jolie's jeweler.

But not only was there no wedding, there apparently wasn't even a party

for the elder Pitts, according to photo agency X17.

"We sent an X17 photographer all the way down to the south of France — it's pretty much in the middle of nowhere — to check out Brad Pitt and Angelina Jolie's chateau Miraval to see just what's going on," the agency gripes on its site about the move.

"There's nothing going on."



Anna Faris.

## Friends of Faris promoting her parent skills

Anna Faris and Chris Pratt are looking forward to the arrival of their first child this fall, a friend tells Us Weekly.

"They planned for this baby, and now seemed as good of a time as ever," the source says. "They really

will be the best parents."

And if Faris' pregnancy is any indication, motherhood will be a piece of cake.

"Maybe it's just her energy, but she hasn't been having trouble with the pregnancy at all," the pal says.

# METRO DISH

## The Word



## Perry pairing up with Mayer

THE WORD  
Amber Ray  
scene@metronews.ca

It looks like Katy Perry's got a type... tall, dark and grungy. After splitting with hubby Russell Brand last year, the Wide Awake singer now seems to be getting cosy with another member of the shower-averse club: John Mayer.

The two, who shared a dinner date earlier this month and have been spotted around Hollywood since, were recently snapped leaving a house party in Los

Feliz, Calif., over the week-end, TMZ reports.

So is the Hollywood play-boy who's been linked to a slew of A-list ladies, including Jennifer Aniston, Jessica Simpson and Taylor Swift, Perry's new knight in shining armor?

"She's not talking like he's 'the one,'" a pal of Perry's tells People magazine. "She's comfortable around guys who understand the craziness of that world, which he definitely does."

If Perry has indeed found a man who understands her kind of world a technicolour dreamland with purple wigs and whipped-cream-spewing bras we can't help but wonder what John Mayer really has been putting in his pipe all these years.

## Smith smacks down divorce rumours

Jada Pinkett Smith is working hard to shake the ongoing rumors that she and Will Smith are splitting up.

"We're not getting a divorce," she tells Essence magazine. "Where am I going to go? That's my boo. It's like he's another part of me."

The rumors began cropping up earlier this year, and the couple's



Jada Pinkett Smith

multiple denials have done little to quash them.

## Twitter



@usainbolt

Thanks to all my real fans and people who believe in me. I am now a living legend that's for sure.



@ryanlochte

Finally going to be able to go on the double decker bus and get a tour of London. So excited. #Jeah



@TomDaley1994

Let the madness begin!!!



@serenawilliams

Gold Medal!!!! I can't believe it. I got the singles gold!!!!!! I'm gonna sleep in it tonight!

## Celebrate the Acadian National Day at Sea on August 15th!

### Acadian Supper with Concert

Concert by the musical group Quaco.

Evan's Seafood Restaurant, Alderney Landing  
Supper is \$15 (or less) Starts at 5:00 PM

### Harbour Queen Cruise

Music and Dancing, Tintamarre and Concert by the Boudreau Trio (members of the Bittersweet band)

Tickets are \$35 for adults & \$17 for students  
Departure is 7:00 PM at Murphy's the Cable Wharf

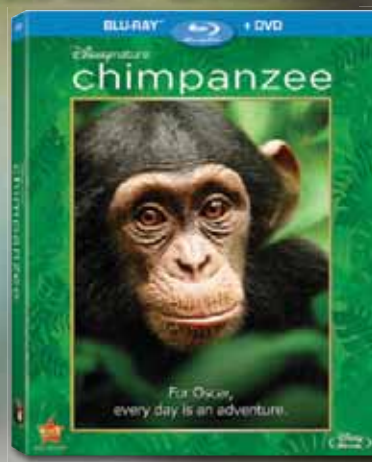
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## Arts and Crafts

## Tie-dye without all the mess!

The kids will love these T-shirts you can make together. All you need is: Sharpie permanent markers, isopropyl rubbing alcohol, a medicine dropper and a cotton T-shirt.

1. Slide T-shirts onto card-

board so the ink won't bleed through to the back.  
2. Draw your design. Go crazy!  
3. Using the medicine dropper, squeeze out 10 drops of rubbing alcohol in the centre of your picture. Depending on the size of the image, you'll need about 10 drops and you can adjust as you go.  
4. Let dry (we used a hair dryer to dry them more quickly).  
5. Wear your amazing art.

SHARON DEVELLIS



Make a tie-dye T-shirt with Sharpies. ISTOCK

## Numbers before bed

## Math Lessons

New Jersey mom Laura Overdeck has devised a blog called Bedtime Math (bedtimemathproblem.org), which challenges kids to tackle a math problem before bed. The site offers a no-pressure approach to sharpening up numeracy skills. YUMMYMUMMYCLUB.CA

## On the Web

Grandma is aghast that Mommy put you in a skull-and-crossbones onesie. It's not a gateway to gang membership — it was from Baby Gap! Follow along with the comedic (mis)adventures of mommyhood online at metronews.ca/voices



# What makes a mommy?

**Parenting.** One foster mom shares her thoughts on the coveted 'mom' title

KAREN ELLIOTT

YummyMummyClub.ca

"So, you're not her REAL mother." I had to breathe deeply as I turned and walked away, with two-year-old Allie in tow.

I did not give birth to Allie. I'm her foster mother. I am the one who feeds her and clothes her; the one who gets up with her at night when she can't sleep; the one who cleans up spilled milk and crayon wall art — every single day.

And, yet, despite this, I'm not allowed to cut her hair, take her on vacation, sign school permission forms without signed letters of approval. I'm not her legal guardian — or even considered her parent.

So, who am I?

Every 90 days, I meet with Children's Aid and Allie's biological mother to discuss the type of care that I am providing.

I have to listen to this woman — who has never been a parent since Allie went straight to foster care at birth — and her wishes about how her child needs to be fed, clothed and parented.



Should children call their foster parents 'mom' and 'dad'? ISTOCK

How I need to take her to a specific doctor, in another neighbourhood, an hour away, for checkups. How I need to go to a specific church on Sundays. How I have to dress her in pink more, so people don't think she's a boy.

And how I have to encourage her to call me something other than "Mommy."

Allie's biological mother has never been with her daughter for more than two hours at

a time — and only in an office where she is closely supervised.

"Mom" has never taken Allie to the park, given her a bath or put her to bed.

I'm the one teaching manners, surviving potty training and enforcing timeouts for bad behaviour.

Maybe one day, Allie will be able to return to her biological mother, but until that happens, I am the one who is parenting this little girl.

And until that time, "Mommy" is the only title I can see that fits.

And why wouldn't it? My own children call me mommy daily, why would I expect my foster children to call me something different?

No one in our house is treated differently. Everyone gets the same love and attention, eats the same food, and shares the same toys.

Last week, I drove Allie to

the Children's Aid office for her regular visit and a social worker walked Allie to the front door where her biological mom was waiting. I heard the worker say, "Look! It's mommy!" and then I saw Allie turn around, point to me and announce firmly, "DAT'S my mommy." I had to smile.

Raising a child is what makes you a parent. It has nothing to do with the uterus you came from.

## Books that will have them laughing out loud

RUTH SPIVAK

YummyMummyClub.ca

## On the Web



Grandma is driving Mommy crazy. Scan this code or visit metronews.ca/voices to find out why.



**Ages 3 and up**  
Don't Let the Pigeon Drive the Bus by Mo Willems. Parents and kids can't help but dialogue with the pigeon when he begs to drive the bus. If you can't always say no to your child, say no to the pigeon!

**Ages 6 and up**  
You're A Bad Man, Mr. Gum! by Andy Stanton. Mr. Gum is a stinky, gross man who is mean to children. Luckily for the town of Lamonic Bibber, an angel whacks him on the head with a frying pan every



time he neglects his garden. A cast of odd characters and questionable heroes round out this zany book. Check out the other books in this series.

**Ages 9 and up**  
Series of Unfortunate Events



by Lemony Snicket. This is great for kids who like their humour dark! "If you are interested in stories with happy endings, you would be better off reading some other book," cautions Snicket. Indeed, very bad things happen to



the Baudelaire children, but Snicket's tongue-in-cheek mock-gothic style makes for some hilarious moments.

**Ages 12 and up**  
The Princess Bride by William Goldman. This witty satire on a fantasy novel ironically owes its appeal to splendidly rendered elements of the fantasy genre: sword fights, a princess in distress, a handsome prince, and a stupid/evil villain. Teens will appreciate the author's jabs at fairytale love and the not-so-happily-ever-after reality of romantic love. I highly recommend the movie as a perfect pairing.



# Wow guests with restaurant-style Rock Lobster Tacos

Bring professional chef-style creativity and taste to your kitchen with this chic take on fish tacos. They're the perfect small bite for your next summer soiree.

For an extra kick, add diced jalapeno peppers.

1. Cut lobster tails in half lengthwise (remove vein) and

## Ingredients

- 4 rock lobster tails, cooked
- 500 ml (2 cups) cubed watermelon (cut into 1-cm/1/2-inch pieces)
- 2 avocados, peeled and cut into 1-cm (1/2-inch) thick pieces
- 2 papayas, cut into 1-cm (1/2-inch) cubes
- 125 ml (1/2 cup) fresh coarsely chopped cilantro
- 125 ml (1/2 cup) fresh lime juice
- 15 ml (1 tbsp) honey
- 15 ml (1 tbsp) jerk seasoning
- Salt and pepper, to taste
- 8 to 10 taco shells
- 1 head iceberg lettuce
- 30 g (1 oz) shredded coconut



This recipe makes eight to 10 servings. THE CANADIAN PRESS H/O

cut into 1-cm (1/2-inch) thick pieces.

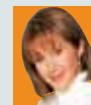
2. Combine lobster with watermelon, avocados, papayas and cilantro.

3. Pour lime juice into a small bowl and slowly whisk in honey and jerk seasoning. Pour over lobster mixture and refrigerate for 1 hour, stirring occasionally.

4. Divide lobster mixture among 8 to 10 taco shells and garnish with lettuce and coconut. **THE CANADIAN PRESS/NATIONAL WATERMELON PROMOTION BOARD, WATERMELON.ORG**

## Healthy eating

### Choose it and lose it



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Tim Hortons' chilled drinks are a Canadian staple during the summer. However, what they're made with makes all the difference.

### Medium mocha Iced Capp made with cream (14 oz)

410 calories / 16 g fat

Liquid calories are one of the culprits in excess weight and type 2 diabetes.



### Equivalent

This iced drink is equivalent to almost an 8 oz. New York Strip in calories.



### Medium Iced Capp made with chocolate milk (14 oz)

230 calories / 1 g fat

The chocolate milk eliminates the calories from the cream.



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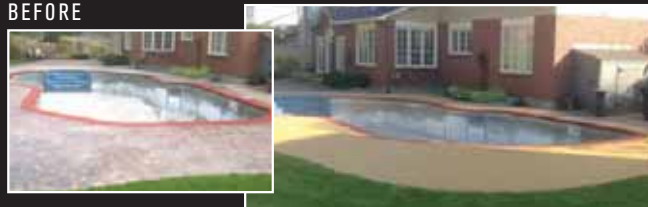
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### Gold Buying Prices by Karat

Karat | Price/gram

1 ounce (9999) Maple Leaf Coins	\$ 1,528.77/coin
9999 Canada Maple leaf, less than 1 ounce	\$ 49.16/g
24k Jewellery	\$ 36.22/g
22k	\$ 33.18/g
E. Indian/Nuggets	\$ 29.41/g
18k	\$ 27.17/g
14k and dental	\$ 21.12/g
10k	\$ 15.07/g
9k	\$ 13.58/g
8k/antique gold	\$ 9.06/g

### Gold Bar Buying Prices

Gold Bars | Buy Price

Gold 1 ounce (Recognized)	\$ 1,480.49
Gold 10 ounce (Recognized)	\$ 14,724.47
Gold 1kg (Recognized)	\$ 47,339.17
Gold bars, less than 1 ounce (Recognized)	\$ 47.35/g
999 Gold bar (Unrecognized)	\$ 46.05/g

### Silver Coin, Bars, and Jewellery Buying Prices - Canada Coins | Price

Maple Leaf (1 ounce Silver)	\$ 26.91/coin
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### Silver Jewellery and Other Silver | Price

Stamped Sterling Silver Flatware	\$ 0.57/g
Stamped Sterling Silver Jewellery	\$ 0.53/g
Mexican Silver stamped 925	\$ 0.45/g
Stamped 800 Silver	\$ 0.44/g
Unstamped scrap silver	\$ 0.29/g
Other silver coins	\$ 0.61/g

\*Actual buying prices are based on weight of silver content, which is lower for worn coins.

Prices Updated: 2012-08-10, 12:00:00 PM

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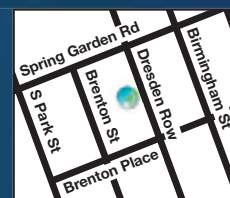


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Hockey

## Halifax's Saulnier makes Canadian U-22 team

Halifax's Jillian Saulnier has made Hockey Canada's women's under-22 team.

The five-foot-four forward will be part of the country's 22-player roster for a three-game series against the U.S. women's under-22 team from Aug. 16 to 19 in Calgary.



Jillian Saulnier  
ECAC

Lisa Jordan of Westville, Pictou Co., is the team's head coach. **METRO**

Basketball

## Nova Scotia wins national U-17 silver medal

Nova Scotia won silver at the Canadian under-17 women's basketball championship in Fredericton on Saturday.

Nova Scotia lost 66-48 to undefeated defending champion Ontario in the gold-medal game, receiving a 21-point effort from Candace Smith and a 12-point, eight-rebound effort from Alexandra Barry.

**METRO/THE CANADIAN PRESS**

Auto racing

## American star wins Atlantic Cat 250 again

Cassidy Clark of Farmington, Maine, won the Atlantic Cat 250 pro stock tour race at Scotia Speedworld near the Halifax airport on Saturday.

Clark edged out fellow American Mike Rowe of Turner, Maine, and Enfield's Shawn Turple for the victory. Terence Bay's Craig Slaunwhite placed fourth overall. **METRO**

Soccer

## Bedford's Jazic cracks Canada's senior men's squad

Bedford's Ante Jazic, a Major League Soccer defender for Chivas USA, will join Canada's 18-player roster for an international friendly against Trinidad and Tobago on Wednesday in Lauderdale, Fla. The game serves as preparation for FIFA World Cup qualification in September. **METRO**



Canada's summer under-20 men's hockey team stretches at centre ice at a practice on Sunday at the Metro Centre. The squad hosts Russia for Games 3 and 4 of the Canada-Russia Challenge in Halifax on Monday and Tuesday. **JEFF HARPER/METRO**

# Weary players arrive in Halifax

**Canada-Russia Challenge.** Four-game junior-hockey series, tied 1-1, wraps up at Metro Centre on Monday and Tuesday



MATTHEW WUEST  
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What do you get when you cram a four-game hockey series into a six-day stretch and host it on opposite sides of the Atlantic Ocean? In the case of the Canada-Russia Challenge, 28 weary members of the Canadian under-20 team.

The squad hit the ice at the Metro Centre for practice on Sunday, fresh off a split against host Russia in Yaroslavl last Thursday and Friday followed by almost 18 hours

of travel by bus and plane.

The 90-minute session helped them shake off jet lag as they prepare to host Russia in Halifax on Monday and Tuesday at 7 p.m. to wrap up the pre-season tournament, which commemorates the 1972 Summit Series.

"Not a whole lot of sleep was had the past few days," admitted defenceman Morgan Rielly, the fifth-overall selection of the Toronto Maple Leafs in June's NHL draft. "But we have to battle through it. We're here now and that's all that matters."

Immediately following Friday's game, the team bussed more than 250 kilometres to Moscow and spent several hours at the airport before flying 3,000 kilometres to London. They spent another few hours there before flying another 4,000 kilometres across the Atlantic to Halifax, where they arrived on Saturday at 3:15 p.m.

Throw in a broken air conditioner on the bus and lines and delays at airports, and Canada's brightest young stars are getting a rude awakening from the off-season at a time when most junior hockey players are still relaxing at home.

But it's not all bad news. "They had some meals together, they were kibitzing in the airport, they really did have a good time," said Canadian head coach Steve Spott. "As difficult as it was, they made the best of it. You could see the Western, Quebec, Ontario and NCAA kids coming together."

Canada won the first game 3-2 but ran into discipline problems in the second contest and ended up losing 6-3.

"The first game, we had more energy and took it to them. The second game, we had penalty trouble and it drained us on the big ice, and we got frustrated," said defenceman Dougie Hamilton. "We just have to get back to working hard and get the puck in their end more often."

Although it's a pre-season tournament designed for management to evaluate players for the 2013 IIHF

Ice chips

- More than 7,000 fans are expected for the Canada-Russia Challenge on Monday, according to organizers.
- Defenceman Griffin Reinhart, the fourth-overall selection of the New York Islanders in June's NHL draft, is day-to-day with an upper-body injury.
- Laurent Brossoit of the Western Hockey League's Edmonton Oil Kings is expected to start in goal on Monday.
- Goaltenders Vladislav Tretiak and Ken Dryden, stars of the 1972 Summit Series, will be at the Metro Centre to take in the action.

Mobile sports



Forget the medal standings. Britain is the big winner at these Olympics, with huge crowds lining glorious backdrops and athletes draped in the Union Jack. Canada's storyline is somewhat more complicated, however: Somewhere between Switzerland and Colombia, depending on how you rate success. Scan the code for the story.





Rosie MacLennan, right, who won a gold medal for Canada in trampolining, and trampolinist Karen Cockburn sit above the crowd as they celebrate with the Canadian Olympic team at the closing ceremony of the 2012 Summer Olympics in London on Sunday. SEAN KILPATRICK/THE CANADIAN PRESS

# Canadian Olympians give Games thumbs up

**London 2012.** Glowing reviews for organizers thanks to few issues and fair weather

The reviews are in and they're overwhelmingly positive.

Boosted by co-operative weather and few logistical, food and travel issues, several prominent Canadian athletes gave a big thumbs up to the London Games as the Olympics came to a close Sunday.

"It's been perfect," said Canadian soccer star Christine Sinclair. "No issues, the people are so friendly, everything has been so organized. It's been tremendous."

Sinclair was named Canadian flag-bearer after guiding the national women's

## Quoted

"We're happy we were here and we're proud to represent our country. And I couldn't be more proud to be Canadian, that's for sure." Kayaker Ryan Cochrane

team to a bronze medal. She also competed for Canada at the 2008 Games in Beijing.

The intense humidity, heat and smog that were a constant in China four years ago were not a problem in England. There were some showers from time to time but fears that this would be one of the soggiest Games in history were not realized.

Athletes raved about the location of the Olympic Village, which was close to a large shopping mall, Olympic Park and several of the venues. Language, cultural differences and unfamiliar food were much less chal-

lenging compared to some of the hurdles in Beijing and at the Athens Games in 2004.

Kayaker Adam van Koeverden, who took the silver in the K-1 1,000 metres, has won medals at the last three Olympics. He said the 2012 Games were "fantastic."

"My eyes were wide open the whole time," he said. "I was just taking it all in. I'm very cognizant of the fact there are fewer great races ahead of me than there are behind me. I'm just looking forward to every single one. I want to soak them all in."

"I've got awesome memories."

His teammate Ryan Cochrane competed with Hugues Fournel in the K-2 200 and K-2 1,000 metres. Cochrane wasn't sure what to expect at the start of his first Games.

"It's just another race when you're here but everything else is kind of overwhelming — in a good way, most definitely," he said.

Many athletes raved about the team culture that existed in the Olympic Village and at Canada Olympic House, which was home to medal celebrations throughout the Games.

"As an experience on its own, it has been wonderful," said triathlete Simon Whitfield, who competed in his fourth Games. "London has done an incredible job. I had a huge disappointment in my race but every other moment has been amazing in London." THE CANADIAN PRESS

## Canada matches 2008 medals

Memorable moments, yes, but Canada's overall performance at the London Olympics was unexceptional.

The same number of medals won as 2008 with fewer gold and silver, while falling just outside the goal of a top-12 finish in the overall medal count was a lukewarm outcome.

That doesn't diminish the

feats of Canada's medallists in London. On the biggest stage in sports, they rank among the world's best.

Eighteen medals put Canada 13th in the overall medal count, two behind Hungary and the Netherlands, who were tied for 11th. Canada finished with one gold, five silver and a dozen bronze.

The country won three

gold, nine silver and six bronze at the 2008 Games to finish tied for 14th in Beijing.

The lone gold medal in 2012 is the fewest for Canada at a Summer Olympics since 1976, when the host country won zero in Montreal. Canada was the only country in the top 25 with fewer than two gold medals.

THE CANADIAN PRESS

## Weekend in pictures



## 1 4x100 relay. Heartbreak for Canadian sprinting team

A single misplaced step cost Canada a bronze medal in one of the marquee events at the Olympics on Saturday. The Canadian team was disqualified from the final of the men's 4x100-metre relay after third-leg runner Jared Connaughton of New Haven, P.E.I., stepped on the line. Jamaica won gold in a world-record time of 36.84 seconds, the United States took silver in 37.04 and Trinidad and Tobago won bronze after Canada's disqualification. THE CANADIAN PRESS

## 2 Soccer. Mexico pulls off gold-medal stunner vs. Brazil

Mexico didn't need its top stars, the home crowd or rich tradition to win the Olympic gold medal in men's soccer on Saturday. The North American country did it with a team few believed would be contending at the end, a team that stunned the heavily favoured Brazilians with a goal just 29 seconds into the final on its way to a 2-1 victory. THE ASSOCIATED PRESS

## 3 5,000 metres. Mo Farah doubles up on gold on track

Roared on again by a boisterous capacity crowd at the 80,000-seat Olympic Stadium, Mo Farah surged ahead late and held on Saturday night to win gold in the 5,000 metres in 13 minutes, 41.66 seconds. The Somali-born Farah won the 10,000 metres on Britain's "Super Saturday" last weekend, the same night Jessica Ennis won the heptathlon and Greg Rutherford the long jump. THE CANADIAN PRESS

## 4 Diving. Britain's Daley steals show with bronze win

American David Boudia took gold in the men's 10-metre platform on Saturday, winning by 1.8 points over Qiu Bo of China. Crowd favourite Tom Daley of Britain settled for third but he felt like a winner, claiming bronze on home soil. THE ASSOCIATED PRESS



Marathon swimmer Richard Weinberger with his bronze medal on Friday. THE CANADIAN PRESS





Rosie MacLennan led Canada's youth movement at the London Olympics in bouncing to gold on the trampoline on

Aug. 4. RONALD MARTINEZ/GETTY IMAGES

# Young athletes give sneak peek of Rio

**Optimism for 2016.** Sixty per cent of Team Canada's athletes in London made their Olympic debuts and plenty of them came up big, promising big things for Brazil.

Whether it was Rosie MacLennan bouncing to gold on the trampoline, or Derek Drouin soaring to bronze in the high jump, youth was an underlying theme in Canada's performance at the London Olympics.

The results bode well for Rio de Janeiro four years from now, where the curtain could come up on a whole new generation of Canadian stars.

"What was so exciting was the enthusiasm of the new people at the Olympic Games," said Mark Tewksbury, Canada's chef de mission. "That kind of energy was, I think, really what helped us be so relentless and be consistent through the

Games and get such a nice outcome at the very end."

More than 60 per cent of the athletes on the Canadian team were making their Olympic debuts, and plenty of them came up big, promising big things for Brazil.

MacLennan, a 23-year-old from King City, Ont., who worked as a volunteer at the 2010 Vancouver Winter Games, cemented her status as Canada's new trampoline star in London when she captured Canada's only gold medal.

Her Twitter followers exploded from 900 to more than 14,000.

Milos Raonic will be one to watch in Rio. The 21-year-old from Thornhill, Ont., played his way into the history books in his second-round loss to Jo-Wilfried Tsonga. It was the longest three-set tennis match in Olympic history, their third set alone lasting three hours.

Canada's track-and-field team had 35 Olympic rookies, and it was the young athletes

## Young guns

Other young Canadian athletes to keep an eye on:

- Paula Findlay, 22, triathlon (from Edmonton)
- Damian Warner, 22, decathlon (London, Ont.)
- Monique Sullivan, 23, track cycling (Calgary)

who shone. They included Drouin, a 22-year-old from Cornwall, Ont., whose bronze was Canada's first medal in high jump since Greg Joy's silver at the 1976 Montreal Games.

Meanwhile, Richard Weinberger, a 22-year-old from Victoria, outduelled the reigning world champion over the final metres of the men's 10-kilometre marathon swim race, winning bronze in an event dominated by older athletes.

THE CANADIAN PRESS

## 'Living legend'

### Rogge gets heat over 'semantic issue'

IOC President Jacques Rogge wants to set the record straight: Usain Bolt is an "active" legend and the best sprinter ever.

Rogge raised eyebrows this week when he said Bolt needed to prove his greatness over more than two Olympics before achieving his self-proclaimed status of

"living legend."

On Sunday, Rogge relented a bit and came up with a different wording for the six-time gold medalist.

"I mean this is purely a semantic issue," he said. "Let me finalize this issue as follows: To say that Usain Bolt is an active performance legend, he is an icon, he is the best sprinter of all time."

Bolt won the 100 and 200 metres at the London Olympics, becoming the first athlete to sweep both events at

Jacques Rogge  
GETTY IMAGES

consecutive games, and anchored the Jamaican team to a world record in the 4x100-metre relay.

After the relay, Bolt said: "The next time you see him (Rogge) I think you need to ask him what Usain needs to do that no human man has ever done." THE ASSOCIATED PRESS

## Final results

### MEDAL STANDINGS

Final following 302 total medal events				
Nation	G	S	B	Total
United States	46	29	29	104
China	38	27	22	87
Russia	24	25	33	82
Britain	29	17	19	65
Germany	11	19	14	44
Japan	7	14	17	38
Australia	7	16	12	35
France	11	11	12	34
South Korea	13	8	7	28
Italy	8	9	11	28
Netherlands	6	6	8	20
Ukraine	6	5	9	20
Canada	1	5	12	18
Hungary	8	4	5	17
Spain	3	10	4	17
Brazil	3	5	9	17
Cuba	5	3	6	14
Kazakhstan	7	1	5	13
New Zealand	5	3	5	13
Belarus	3	5	5	13
Iran	4	5	3	12
Jamaica	4	4	4	12
Kenya	2	4	5	11
Czech Republic	4	3	3	10
Azerbaijan	2	2	6	10
Poland	2	2	6	10

### WHAT CANADA DID

On the weekend at the 2012 London Olympics

#### SUNDAY ATHLETICS

**Men's marathon** — Dylan Wykes of Kingston, Ont., completed the 42-kilometre circuit in two hours 15 minutes 26 seconds to place 20th; Eric Gillis, Antigonish, N.S., was 22nd (2:16:00); and Reid Coles, Hamilton, 27th (2:16:29).

#### CYCLING (MOUNTAIN)

**Men's cross country** — Geoff Kabush of Courtenay, B.C., traversed the course in 1:30:43 to rank eighth — 71 seconds behind the bronze medalist; Max Plaxton, Victoria, did not finish.

#### MODERN PENTATHLON

**Women** — Melanie McCann of Mount Carmel, Ont., placed 11th overall in the event with 5,180 points; Donna Vakalis, Toronto, was 29th (4,828).

#### WRESTLING (FREESTYLE)

**Men's 66-kilogram class** — Haisan Garcia, Coquitlam, B.C., won his round-of-16 bout by points over Zalmikhon Yusupov of Tajikistan (2-0, 0-2, 2-0); was defeated in the quarter-finals by Tatsuhiko Yonemitsu, Japan (0-1, 1-0, 5-0); then eliminated with a loss in the repechage to Livan Lopez Azcuy of Cuba (1-0, 0-1, 1-0).

**Men's 96-kilogram class** — Khetag Pliev, Toronto, won his opening match over Javier Cortina Lacerra of Cuba (0-2, 2-2, 1-0); lost to Jacob Varner, U.S., in the quarter-finals (1-0, 1-0); and fell short in the repechage round to Kurban Kurbanov of Uzbekistan (1-0, 4-1).

#### CLOSING CEREMONIES

Christine Sinclair of Burnaby, B.C., who scored a tournament-best six goals — including all three in a 4-3 semifinal loss to the U.S. — in leading the women's soccer team to a bronze medal was chosen to carry the Canadian flag.

#### OVERALL

The 2012 team finished with eighteen (one gold, five silver, 12 bronze) to match the third-most medals won by Canada in a summer games (Barcelona, 1992, and Beijing, 2008). Rosannagh MacLennan of King City, Ont., earned the gold medal in women's trampoline.

#### SATURDAY

##### ATHLETICS

**Men's 4x100 relay** — Canada (Gavin Smellie, Brampton, Ont.; Oluseyi Smith, Ottawa; Jared Connaughton, New Haven, P.E.I.; and Justyn Warner, Markham, Ont.) initially won the bronze medal in 38.07 seconds but was disqualified moments later when Connaughton was called for stepping on the lane marker.

**Men's 5,000** — Cameron Levins, Black Creek, B.C., finished in 14th place (13:51.87).

**Women's 20-kilometre race walk** — Rachel Seaman, Peterborough, Ont., placed 52nd in the event (1:37:36).

##### CANOE/KAYAK

###### CANOE

**Men's singles 200** — Jason McCoombs of Dartmouth, N.S., placed fifth in the B-final (44.973; 13th overall).

###### KAYAK

**Men's singles 200** — Mark de Jonge of Dartmouth, N.S., won the bronze medal with a time of 36.67 in a race where the top six competitors finished within 0.584 seconds of each other.

**Men's doubles 200** — Ryan Cochrane, Windsor, N.S., and Emilie Fournel, Lachine, Que., were seventh in the final (35:39).

##### CYCLING (MOUNTAIN BIKE)

**Women's cross country** — Catharine Pendl, Kamloops, B.C., was ninth (1:34:28); Emily Batty, Brooklyn, Ont., was 24th (1:40:37).

##### DIVING

**Men's 10-metre platform** — Riley McCormick, Victoria, finished 11th in the final with a score of 493.35 points.

##### TAEKWONDO

**Men's 80-plus kilograms** — Francois Coulombe-Fortier, Quebec City, failed to advance following a 11-6 loss in the quarter-finals to Daba Modibo Keita of Mali.

### WRESTLING (FREESTYLE)

**Men's 120-kilogram class** — Arjan Bhullar, Richmond, B.C., was eliminated after losing his round-of-16 match to Komeil Ghafari of Iran, by points (1-0, 1-0).

### BASKETBALL

#### MEN

**Sunday's results**

##### GOLD MEDAL

United States 107 Spain 100

##### BRONZE MEDAL

Russia 81, Argentina 77

#### WOMEN

**Saturday's results**

##### GOLD MEDAL

U.S. 86 France 50

##### BRONZE MEDAL

Australia 83 Russia 74

#### SOCCER

#### MEN

**Saturday's result**

##### GOLD MEDAL

Mexico 2 Brazil 1

### VOLLEYBALL

#### MEN

**Sunday's results**

##### GOLD MEDAL

Russia 3, Brazil 2 (19-25, 20-25, 29-27, 25-22, 15-9)

##### BRONZE MEDAL

Italy 3, Bulgaria 1 (25-19, 23-25, 25-22, 25-21)

#### WOMEN

**Saturday's results**

##### BRONZE MEDAL

Japan 3, South Korea 0 (25-22, 26-24, 25-21)

##### GOLD MEDAL

Brazil 3, United States 1 (11-25, 25-17, 25-20, 25-17)

### WATER POLO

#### MEN

**Sunday's results**

##### GOLD MEDAL

Croatia 8 Italy 6

##### BRONZE MEDAL

Serbia 12 Montenegro 11

##### FIFTH PLACE

Hungary 14 Spain 8

##### SEVENTH PLACE

Australia 10 United States 9

# Americans fight off Spaniards for basketball gold



LeBron James and Kevin Durant of the United States react after winning the men's gold-medal basketball game against Spain on Sunday in London. The U.S. won 107-100. CHARLES KRUPA/THE ASSOCIATED PRESS

This was no Dream Team. This was reality.

The gold medal was in doubt for the U.S. men's basketball team.

The Americans led Spain by only one point after three quarters, a back-and-forth, impossible-to-turn-away-from game that almost anyone would hope for in an Olympic final.

Especially, it turns out, the U.S. players.

"We knew it wasn't going to be easy. We didn't want it easy," LeBron James said. "A lot of teams have won gold easy. We didn't want it that way.

## Gold-medal game

107	100
United States	Spain

We're a competitive team, and we love when it gets tight. That's when our will and determination kind of shows. It was the same way in '08."

Same result, too.

The Americans defended their title Sunday by fighting

off another huge challenge from Spain, pulling away in the final minutes for a 107-100 victory and their second straight Olympic championship.

And just like 2008, the star-studded Americans had to work for this one.

The London 2012 daily magazine proclaimed them "the new Dream Team" in an article, but the real Dream Team never had a game like this 20 years ago in Barcelona. And if that means this group isn't worthy of the comparisons to Michael Jordan, Magic Johnson, Larry Bird and Co.,

the players had their own response.

"Everybody wants to make that comparison, but at the end of the day we're both wearing these," forward Kevin Love said, pulling on his gold medal. "That's pretty good."

Kevin Durant scored 30 points and James had 19 on a day he joined Jordan as the only players to win the NBA title, regular-season MVP, NBA finals MVP and Olympic gold in the same year.

Pau Gasol scored 24 points and Juan Carlos Navarro had 21 for Spain.

THE ASSOCIATED PRESS



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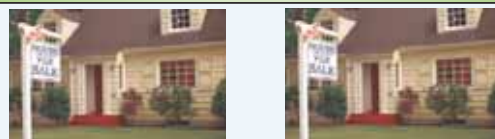
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## Horoscopes

### Aries

March 21 - April 20

Someone you love will be a bit touchy today, and for no apparent reason. The good news is their negative attitude won't last long – in fact, by the time the sun goes down they will be all over you again.

### Taurus

April 21 - May 21

For some strange reason you are reluctant to make the kind of decision that usually comes so easily to you. You may not know why you are suddenly so timid but, for the moment, it's the right thing to be.

### Gemini

May 22 - June 21

Are you living beyond your means? If so today's lunar eclipse of Venus, planet of value, in the money area of your chart will help you see where you need to make savings. It shouldn't be too traumatic.

### Cancer

June 22 - July 23

There are times when your feelings build up to such an extent that you have to let them out, and such a time is now. Whether they come out in a positive or a negative way is though a matter of choice.

### Leo

July 24 - Aug. 23

Go easy on yourself today, especially if something does not work out the way you expected. It's not the end of the world – in fact if you analyze what happens you will make success next time more likely.

### Virgo

Aug. 24 - Sept. 23

You may be angry that you made a bad decision but you are human like everyone else, so don't be too hard on yourself. Use this setback to motivate yourself to try again. There's always a next time.

### Libra

Sept. 24 - Oct. 23

Venus, your ruler, is eclipsed by the moon today, which means you will have to make a conscious effort not to get emotional. Also, don't be judgmental when dealing with people whose way of life you don't approve of.

### Scorpio

Oct. 24 - Nov. 22

You will be confronted by some kind of injustice today and you will have to decide whether to get personally involved. Chances are you will. You just can't stand to see unfairness triumph.

### Sagittarius

Nov. 23 - Dec. 21

The planets warn that someone, somewhere is trying to deceive you. The fact that this is a person you trust implicitly makes the situation doubly dangerous. Be on your guard.

### Capricorn

Dec. 22 - Jan. 20

Where money is concerned there can be no room for sentiment or personal feelings today, because that will put you at a disadvantage. Whatever decisions you make they must be based on logic and common sense only.

### Aquarius

Jan. 21 - Feb. 19

Refuse to get upset if things don't go your way. Yes, of course, it's unfair that you are struggling when others have got it easy but these things run in cycles.

### Pisces

Feb. 20 - March 20

Don't give ground on an issue that is causing you a lot of grief because there is a principle at stake here. Others do not have the right to demand that you embrace their values. Remind them of that fact — loudly.

SALLY BROMPTON

## Crossword: Olio

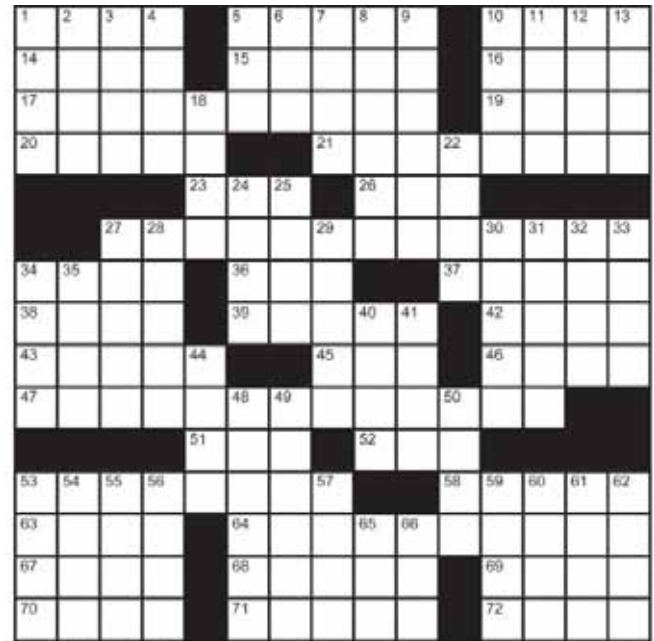
### Across

1. Croat neighbor
5. Deep-voiced opera singer
10. Canadian force
14. Industry mogul
15. Emulate 39-Across
16. "The low-priced spread"
17. Montréal-based 2011 Juno Album of the Year winner (2 wds)
19. See 39-Across
20. Actor George who played Mr. Sulu on Star Trek
21. It became a province in 1949, and quit having a separate name in 2001
23. \_\_\_-mo: video effect
26. Leading dye brand
27. Montréal-born jazz pianist who wrote "Canadiana Suite" (2 wds)
34. 30-day mo.
36. Many a CEO's deg.
37. Flour might go through it
38. Adjective for babies and puppies
39. With 19-Across, "Catch a Falling Star" singer, 1958
42. Police crisis team acronym
43. Operatic solos
45. Also
46. Slippery fish
47. Montréal-born hockey great Maurice (2 wds)
51. Wide shoe size
52. [Help!]
53. Annual Calgary event
58. Online loan source
63. Opera set on 61-Down

64. Maritime Province (2 wds)
67. Bird food
68. Cuts with scissors, as a coupon
69. Idiot
70. Orson Welles's Citizen \_\_\_
71. Barks
72. Olympic fencer's weapon

### Down

1. "Shoo!"
2. Poet \_\_\_ Pound
3. Adjustable oven feature
4. Scottish hillside
5. Letters used in dating
6. Bark in the comics
7. Make dirty
8. "And what is \_\_\_ as a day in June?" (2 wds)
9. 0 or 1 to a programmer (2 wds)
10. Almond \_\_\_: toffee candy
11. Blockhead
12. Short note
13. Destitute
18. Computer storage
22. These are found on maps: abbr.
24. Rub one for a genii
25. "Be he alive \_\_\_ he dead": "Fe Fi Fo Fum" (2 wds)
27. Eye nerve
28. Chateaubriand
29. \_\_\_ Québécois
30. Step part
31. Did needlepoint
32. Racetrack shape
33. Takes home, as salary



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BY MICHAEL WIESENBERG

34. Wound result, sometimes
35. 100 cents, overseas
40. Mythical birds
41. National Park just across Alberta-BC border from Banff
44. Barely flow
48. Itsy-bitsy
49. Decorated anew
50. "Be with you in \_\_\_!"

- (2 wds)
53. Alta. neighbor
54. "\_\_\_ Yellow Ribbon Round the Ole Oak Tree" (2 wds)
55. Mideast Gulf
56. Fashioned
59. Be ominous
60. On
61. World's longest river

62. Actress Hudson or Winslet
65. "Killer" PC program
66. Air leak sound

## Friday's crossword



## What's online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Friday's Sudoku

9	7	5	4	2	3	1	6	8
2	6	3	5	8	1	4	7	9
1	8	4	6	9	7	5	2	3
5	2	6	8	7	4	3	9	1
4	1	7	2	3	9	8	5	6
3	9	8	1	5	6	7	4	2
8	3	2	7	6	5	9	1	4
6	5	1	9	4	8	2	3	7
7	4	9	3	1	2	6	8	5

2		8	1			7
	5		3	9		6
		8			5	
		9	2	5	3	
3						1
	4	1		6	9	
		1			6	
	4		5	8		2
8			9	7		4

**Today**

25°/17°

Thunderstorms

40%

**Tuesday**

26°/17°

Variable

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